

Contemplative Hope Summit

Help Us Celebrate 30 Years with Oasis!



Breakout Session Option

Hope through Self-Knowledge:
I know my Enneagram type
now what do I do with it?

The enneagram is more than a typing system. It's a map and a tool that can help us see our patterns of behavior and understand what hinders our efforts to approach life in a more balanced, focused way. In this workshop led by Mary Jane Kistler, we'll be exploring ways that knowledge of our enneagram type and its associated patterns can serve as a useful tool in specifying practices for self-observation and enhanced spiritual work.

Mary Jane is an ordained Deacon and Elder of the State College Presbyterian Church and is currently active on the Membership and Spiritual Life Committees. As part of the latter, she edits and co-coordinates the Advent and Lenten Devotionals, and has coordinated retreats on Centering Prayer and the Welcoming Prayer, and co-leads women's groups. She is a 2016 graduate of Oasis' Spiritual Direction for Spiritual Guides and 2017 graduate of the Deepening Year Direction Ministries programs, has completed the Centering Prayer Facilitators Training from Contemplative Outreach, and has been studying and working with the Enneagram as a tool for spiritual transformation through the Enneagram Institute for the past seven years.



FOR MORE INFORMATION OR TO REGISTER

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717-737-8222

